



THE HORSE INSTITUTE™

We Transform Workplace Performance

The Horse Institute offers innovative workshops that combine accepted coaching tools with on-the-ground exercises with horses. Learning from horses for professional and personal development is a powerful approach because it yields expedient, sustainable results by improving communication, teamwork, and innovation.

The Horse Institute's mission is to help its clients transform their performance and manage change in the workplace. We take a novel approach to coaching so that the results endure.

THE ACE MODEL™: ASSESS, COACH, ENHANCE

Our ACE Model gives corporate clients a unique solution for issues that impact day-to-day business.

1. **Assess:** During the assessment process, we take time to design a program that meets your needs. In this phase, you have the option to include instruments such as Myers Briggs Type Indicator and Strengthsfinder to give participants insight into their own and others' strengths and behaviors.
2. **Coach:** We bring the C-suite, a department or a cross-functional team to a horse farm to experience equine experiential education. The participants get 360 Feedback in Real Time™ from our coaches, horses and their colleagues. They set goals for themselves and their team.
3. **Enhance:** Finally, participants transform the insights into new skills and behaviors through follow-up at work. You can schedule one-on-one executive coaching on the phone — or at the office — following the experience with horses.

The participants develop greater skills in the areas of:

- Verbal Communication
- Nonverbal Communication
- Confidence
- Cultural Sensitivity
- Prioritization
- Team On-Boarding
- Decision Making
- Conflict Resolution
- Problem Solving
- Creativity
- Innovation/Change
- Leadership

The Horse Institute customizes programs to meet each client's goals. We look forward to discussing how we can support you.

